

### **James's story**

James was 14 years old and had been a member at his local golf club for three years. There were several other boys at the club with whom he enjoyed playing golf.

Two other boys at the club were 16 years old. They started to make fun of James on the course, trying to distract him when he was playing his shots, and calling him names such as 'smartie pants' and 'sweetie'. They posted messages on Facebook that were making fun of him.

James joked along with it at first, but after a while he realised it was making him feel miserable, to the point where he didn't want to play golf anymore.

He eventually told his parents about the issue. Together with the junior organiser at the club, the problem was resolved. The two older boys didn't realise they had caused James to be upset. They apologised to James and he soon enjoyed playing at the club again.

**Is this happening to you?**

**Do you behave in a way that makes others feel unhappy?**

**If someone is making you feel miserable, then you are right to tell an adult about it.**

### **Katie's story**

Katie was 15 years old and played for the county girls team. Her parents had never played golf, but both of them were very supportive of her golfing, especially her dad. He took her to practice and all the county training events. He watched her play in competitions and was always asking what her score was. When Katie had a bad round, he would get angry and say it was because she didn't practice enough or wasn't focused on the day.

Katie eventually felt like she couldn't even tell her dad if she didn't play well. In one competition, she changed her card to show a better score because she was scared of what her dad would say. She was disqualified from the competition.

The junior organiser spoke to Katie about what had happened, and Katie then felt able to explain about her dad. The organiser spoke to her dad, who hadn't realised he was putting her under so much pressure. Katie now feels more supported by her dad and the junior organiser.

**Do you ever feel scared of saying you didn't play well?**

**It is not OK for anyone to make you feel bad about the way you play. You should tell another adult if this is happening.**